

# SAFETY FIRST

## - SAFETY -



**CURRICULUM AREA:** Health

**TARGET YEAR LEVEL/S:** Years 5 – 7

**CLASS TIME:** 40 minutes

## LESSON BACKGROUND

This lesson allows students to recognise and understand the SAFETY issues involved when venturing on a large trip. This is a common issue concerning Australian road traveling, and can be related to the journey Chris & Clark are facing.

## OUTCOMES

- The student uses basic self-management skills and considers longer-term consequences to meet personal health and physical activity needs

## PREPARATION

- A4/A3 paper
- [Chris & Clarke's SAFETY information](#)

## STUDENT ACTIVITY

- 1) Ask students whether or not any of them have ever gone on a LONG isolating road trip.
- 2) Discuss the itinerary that you would take on a trip like that.
- 3) Talk about the DANGERS involved in such a journey (such as, car breaking down in the middle of nowhere). What would you do? What precautions should you have taken?
- 4) On the sheet of paper provided, ask students to draw/write/describe the SAFETY itinerary that C&C would take with them on their journey. Once the majority of students have completed, share ideas with the class.
- 5) Once this is done, reveal to the students C&C's actual Safety itinerary.

## EXTENSION

- Students can perform a mini-drama as to how they would respond to certain safety situations (car has broken down in the middle of nowhere).
- Ask students to RANK objects in their itinerary, according to importance, or 'what should be used first'.